

Ten Questions: a Spiritual Assessment

Ernie W.D. Young

1. What is your understanding of the word “God”?
2. What place does religion have in your life, if any?
3. How do you relate to the term “spirituality”?
4. How do you fit your illness into your religious/spiritual world view?
5. What, if anything, does “God” (as you understand the term) have to do with causing or healing your illness?
6. How, in general, do you invest your life and, in particular, your illness with meaning?
7. Has your illness made any difference to what you consider to be the really important things in life?
8. Has your illness had any impact on your close personal relationships, negatively or positively?
9. How does your understanding of “God” and your religious or spiritual world view affect living with your illness?
10. How does your understanding of “God” and your religious or spiritual world view affect your realization that you may possibly die with or from your illness?