



Live Longer, Live Larger

A Holistic Approach for Cancer Patients & Families

By William M. Buchholz, MD &
Susan W. Buchholz, PhD
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Live Longer, Live Larger is a handbook for people want to get the most of life when dealing with cancer or another serious illness. It includes tools, exercises, and stories that help you live longer, more happily, and more deeply. It address issues encountered by patients at every stage of dealing with illness.

Topics include:

- Finding the right treatment
- Expanding your options
- Maintaining meaning and quality of life
- Using hope as good medicine
- Conquering fear
- Using crisis as opportunity
- Redefining your relationship with cancer

Authors William M. Buchholz, MD, and Susan W. Buchholz, PhD, Clinical Psychology, work with patients struggling to make decisions about what to do and how to go on when faced with life-threatening illness. This book captures not only the authors' training and experience, but the lessons taught by many patients who have found ways to enrich and expand life in difficult or dangerous situations.

"Bill and Susie Buchholz are a wonderful oncologist-psychologist team who have devoted decades providing cancer patients with scientifically grounded, open minded and psychologically sensitive approaches to cancer care."

—Michael Lerner, Author of *Choices in Healing: Integrating the Best of Conventional and Complementary Approaches to Cancer*

"In this gem of a book William and Susan Buchholz offer us the experience gained from a lifetime of accompanying people with cancer. Live Longer, Live Larger is holistic medicine at its best: relevant, liberating, wise and profoundly healing. If only everyone with cancer could receive it from their doctor along with their diagnosis."

—Rachel Naomi Remen, MD
Author, *Kitchen Table Wisdom, My Grandfather's Blessings*

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