

Cancer Survivor Workshop

Becoming Whole Again: Integrating Care

October 25, 2008 9:00 to 5:00pm

There is a \$4 charge for the workbook. Since space is limited, registration is required.
Please call 650 988 8011.

**Creekside Conference Center
Los Altos United Methodist Church, Magdalena and Foothill, Los Altos**

**Presented by the Integrative Oncology Network and Buchholz Medical Group
(integrativeoncologynet.com & buchholzmedgroup.com)**

Modern cancer care often requires many complex treatments. Sadly, the treatments are not always integrated into the most efficient program. In the initial treatment, cancer is the focus and other patient needs may become secondary. Yet patients often recognize that treating the cancer is only part of the solution. The wound of cancer is more complex and affects the entire person. It is the human being who must become integrated into a whole and healthy person again.

At the time of diagnosis, cancer cases are often presented to a “*tumor board*.” A panel of specialists—medical oncologists, surgeons, radiotherapists, etc.—discuss the cancer and arrive at a **treatment plan for the cancer**.

This workshop will demonstrate “*patient boards*” where panels of other kinds of specialists—nutritionists, exercise trainers, physical therapists, psychologists, etc.—will discuss the types of treatments that are useful in restoring overall health. The patient’s values and perspective are part of the process in developing an overall **treatment plan for the person**.

Learn:

How to assess your own health needs to recover fully from cancer
How to make use of community resources to support your recovery
The types of interventions shown to increase length and quality of life

The Integrative Oncology Network is an organization of professionals in the community in various specialties. Organized in 2008 by Buchholz Medical Group, its members provide consultation and treatments in areas that address the diverse needs of cancer patients to restore healthy physical conditioning and provide psychological support and growth.